

STUDENT'S BOOK

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EXTENDED ROUTE

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DEVELOP YOUR SKILLS LESSON GOAL



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- Look at the photos. What do you think the people do? What are they doing in the photos?
- **2** a Read the profiles. Match them with photos A–D.
 - b Read the profiles again and answer the questions.
 - 1 What does each person do?
 - **2** Where do they come from?

get

- **3** What do they like doing in their free time?
- **4** Why are they learning English?

have

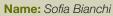
3 a Match the verbs in the box with phrases 1–8. There may be more than one possible answer.

train work	
1 do/take a course in	5 your own company
2 a degree/qualification in	, , ,
3 an exam	7 for a degree/qualification
4 as a tour guide	8 part time/full time
. as a toal galac	pare time, rain time

pass run study

take

- **b** Correct the information in each sentence.
 - 1 Sofia is a qualified tour quide.
 - **2** She's taking a course in Spanish.
 - **3** Xavier works part time.
 - 4 Rafael is doing a degree in engineering.
 - **5** Esma is training to be a scientist.
 - 6 She's studying English for her job.
- 4 a Complete the sentences with your own ideas.
 - 1 I'd like to do a course in ...
 - 2 It was difficult to pass ...
 - 3 I'd like to train ...
 - 4 Someone I know has a qualification in ...
 - b Work in pairs and compare your ideas.
- 5 Discuss the questions.
 - 1 Why are you studying English?
 - **2** Do you have anything in common with the people in the profiles?
- Go to page 136 or your app for more vocabulary and practice.



Occupation: I'm training as a tour guide here in Rome. I want to get a qualification in tourism.

About: In my free time, I love eating out with

About: In my free time, I love eating out with my boyfriend. I'm taking this course in English because I want to improve my speaking skills.

Name: Xavier Lopez

Occupation: I'm a qualified accountant and I run my own company. I work full time and I enjoy working for myself.

About: I come from Bilbao, but right now I'm living in Madrid. My wife is doing a degree in economics here. In my spare time, I volunteer for a local charity. I like helping people. I am studying English because I need it for my job.

Name: Rafael Silva

Occupation: I have a degree in civil engineering and I work for a multi-national company.

About: I'm from Macae in Brazil. I usually listen to music in my spare time. I'm a big fan of rock music. I'm studying English because I often have to travel abroad for work. My wife works full time teaching English and she's helping me. I have to take my exam soon! I hope I pass it.

Name: Esma Sadik

Occupation: At the moment I'm studying for a degree in environmental science.

About: I'm from Ankara in Turkey. I like reading in my free time and I'm trying to read books in English. I'm studying English because I need to pass an exam before I can graduate from university. I work part time to help pay for my studies.

Listening

- 6 a 1.1 Sonya and Pierre are starting an English class at a language school. Listen to their conversation. Which question don't they ask?
 - **1** Where are you from?
 - 2 What do you do?
 - 3 Do you enjoy your job?
 - 4 Why are you studying English?
 - 5 Do you like travelling?
 - 6 What do you usually do in your free time?
 - b Listen again and complete the sentences. Who says each sentence, Sonya (S) or Pierre (P)?

Τ	I usually from nome, but right now I on
	site for a local company.
2	I my job most of the time but I it at the
	moment!
3	At the moment, I for a teaching qualification I
	really children.
4	Right now, I part time in a local school.
5	And after I graduate, I to get a job abroad.
6	Loften for foreign companies

- **6** Loften ______ for foreign companies.
- 7 I to play the guitar at the moment.
- 8 I _____ tennis every weekend.
- **9** I _____ much sport. I _____ watching it on TV!

Grammar

7 Read the grammar box and choose the correct alternatives.

Present simple and present continuous

Use the $^{\mathbf{1}}p$ resent simple/present continuous:

• to talk about habits and routines or repeated actions, often with adverbs of frequency like usually, often and sometimes.

I usually listen to music.

• for permanent situations.

I come from (Bilbao).

I **run** my own company.

Use the ²present simple/present continuous to talk about actions at the present moment, happening around now and temporary situations, often with at the moment and right now.

I'm studying for a degree.

My wife **is doing** a degree **at the moment**.

Some verbs almost always use *simple/continuous forms, for example, have/have got, like, love, hate, prefer, hear, see, know, want.

He's got/has a degree in civil engineering. She wants to get a job abroad.

- 8 a 1.2 Listen and notice the pronunciation of do you.
 - 1 Where do you live?
 - 2 What do you do?
 - **3** What university do you go to?
 - 4 Do you like sport?
 - b Listen again and repeat.

- 9 Choose the correct alternatives.
- A I'm in my first year at university and I¹like/am liking it very much. I²share/am sharing a flat with another student this term. Xavier ³comes/is coming from Spain and he ⁴learns/is learning English like me. He ⁵wants/is wanting to be a tour guide.
- I can't find a job so I ⁶don't work/am not working right now. I ⁷live/am living with my parents because I can't afford my own flat. They ⁸live/are living in the country and there's not much to do! My father ⁹tries/ is trying to get me a work experience job in his office.
- **10** a Make questions using the prompts.
 - 1 where / you / come / from? Where do you come from?
 - 2 what / you / do / at work (or university) / at the moment?
 - **3** you / usually / enjoy / your work (or studies)?
 - 4 you / take / any other courses / at the moment?
 - **5** you / study / for any exams?
 - **6** where / you / usually / go / on holiday?
 - b Work in pairs. Ask and answer the questions.
 - Go to page 116 or your app for more information and practice.

Speaking

PREPARE

- You're going to introduce a classmate you don't know well to the rest of the class. First, write some questions to ask your partner. Think about these topics:
 - work and study
 - family
 - travel
- interests and hobbies
- reasons for learning English
- home (city/area)

SPEAK

12 a Work in pairs. Ask and answer questions to find out about each other. Use the Useful phrases to help you.

Useful phrases

What/How about you?

And you?

That's interesting.

Me too!

b Introduce your partner to the class. What are their reasons for learning English?





Vocabulary and reading

- 1 a Look at the photos and discuss the question. What jobs do you think the people do?
 - b Match photos A-E with comments 1-5.
 - 1 'I think I'm a **caring** person. I like helping people. I'm **reliable** and people trust me to take care of them.'
 - 2 'I work from home so I need to be **organised**, but sometimes I feel a bit **lazy** and I don't want to work at all!'
 - 3 'I'm **ambitious** and I want to get to the top! I'm not **shy**. I'm very **confident** when I speak. I always keep **calm** when things go wrong.'
 - 4 'I have to be **patient** when I coach players as people are very **sensitive**, but I still need to be **open** and **honest** and say what I think.'
 - 5 'I'm pretty **hard-working**. I practise ten hours a day. I'm **creative** and I love performing.'
- 2 a Choose the correct alternatives.
 - 1 Jacky always has exciting new ideas. She's very *creative/ reliable.*
 - **2** Antonio never does anything to help us. He's very hard-working/lazy.
 - **3** Grace doesn't tell lies. She's completely *ambitious/honest*.
 - **4** Miguel says he's waiting in a very long queue. It's a good thing he's so *shy/ patient*.
 - **5** Azra never tries to hide what she feels about something. She's a very *open/calm* person.
 - b Work in pairs and describe yourself using adjectives in Exercise 1b.
- Go to page 136 or your app for more vocabulary and practice.

- Read the article on page 9. What is a life map? How can it help you?
- 4 Match statements 1–4 with questions A–D in the article.
 - 1 'I'm happy with my family life and I enjoy my hobbies, but my work life is very stressful.'
 - 2 'I'm meeting her next week to discuss my ideas.'
 - **3** 'I'm going to ask my boss if I can apply for a new role in the company.'
 - 4 'I really want to have a job where I can have more fun and get to know the people I work with.'

Grammar

5 Read the grammar box and choose the correct alternatives.

be going to and present continuous

Use *be going to* and the present continuous to talk about plans, intentions and arrangements for the *present/future.

Use the present continuous for future arrangements, often with other people and giving a time/place.

I'm meeting an old friend next month.

Use *be going to* to talk about your intentions. In this situation, you might not know all the details of your plan.

What are you going to do? I'm going to ask for advice.

- 6 a 1.3 Listen and notice the pronunciation of -ing.
 - 1 When are you going to take that holiday?
 - 2 I'm seeing my boss tomorrow.
 - **3** I'm going to ask for advice.
 - b Listen again and repeat.



Where is your life going?

When you make a life map, you write down important details about your journey through life. By answering questions like the ones below, a life map can help you to decide what you'd like to do in the future.

A What's your life like at the moment?

What do you like about it? What don't you like? What things do you enjoy? What would you like to change? Think about your job, friends and family, studies, money, the way you live, etc.

B What are your goals?

Set yourself some goals. How ambitious are you? Do you want a better job and more money or do you want to spend more time with friends and family? How creative are you? Do you want to learn a new skill or try a new sport or hobby? Decide what you really want and make a list of goals for each area of your life.

C How are you going to achieve them?

Now you need to decide what actions you can take to achieve your goals. What can you do now and what are you going to do in the future? Make a list of all the things – big or small – that you can do to achieve your goals. Here are some examples:

I'm going to ask my boss if I can work part time. I'm going to stop staying late at the office.

D When are you going to achieve them?

When are you going to look for a new job or join the gym? When are you going to ask your boss for more money? When are you going to take that holiday? Decide on a date for each action. And finally, be patient ... you can't do everything at once, but remember your goals, start working to achieve them and you really will change your life!



7 Complete the sentences with the verbs in the box. Use be going to or the present continuous. Sometimes both forms are possible.

be	ОО	πna	go	play	relax	talk		
	ew rol		thew	this aft	ernoon a	at 3 p.m. a	about the	ž
2 S	he	a jo	b wh	en she f	inishes l	ner degre	ee.	
3 V	/hat _	y	ou	wh	en the c	ourse fir	ishes?	
4 1.		_ to an i	ntervi	ew tom	orrow fo	r a job in	sales.	
5 I	think v	ve	<u> </u>	sier whe	en the ne	ew baby	arrives.	
6 S	he	ter	nis th	nis even	ing at 7 p	o.m.		
7 V	/hen l'i	n older,	l	mor	e and wo	ork less!		
_			_					

- **8** a Complete the sentences with your own ideas. Use be going to or the present continuous.
 - **1** Tomorrow, I'm ...
- 4 At the weekend, ...
- **2** Later this evening, ...
- 5 Next week, ...
- **3** After this lesson, ...
- 6 Next year, ...
- b Work in pairs and compare your ideas.
- Go to page 116 or your app for more information and practice.

Speaking

PREPARE

- 9 a 1.4 You're going to plan and discuss your own life map. First, listen to a life coach talking to a client. Which topics below does the client want to talk about?
 - money and success
- friends and relationships
- a jobfamily
- learning something new
- a way of life
- b Listen again and make notes about Ben's likes, dislikes, goals and plans.
- c Think about your likes, dislikes, goals and plans. Look at the topics in Exercise 9a and make notes.

SPEAK

10 a Work in pairs. Tell your partner about your life map. Use your notes and the Useful phrases to help you.

Useful phrases

One of my life goals is to ...

I really enjoy ...

I'm a very ... person, so I want to ...

That's a nice plan!

When are you going to ...?

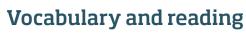
b Were your life maps the same or different? Did anything in your partner's life map surprise you?



What next?

- **Goal:** make predictions about the
- **Grammar:** *will* for prediction
- **Vocabulary:** describing change





- Look at the photos. What can you see?
- 2 a Match sentences 1-6 with photos A-F.
 - 1 The number of online dating sites is **increasing**. Finding a date is **becoming easier**.
 - 2 The number of young people buying houses has **decreased** this year. The number of new home owners went down last year, too.
 - **3** Driverless cars could **reduce** the number of accidents. Driving in big cities should **improve**.
 - 4 The population of cities is rising as more young people move to big cities. The population of London went up again this year.
 - 5 In some countries, power from wind farms and the sun is replacing energy from oil. Air pollution in towns is falling as a result.
 - **6** The weather is not likely to **improve**. In fact, it is getting worse, not getting better. Experts say it is **becoming harder** to fight events like forest fires.
 - b Match the words and phrases in box A with their opposites in box B. Use Exercise 2a to help you.

decreasing/falling/going down getting harder getting worse

getting easier improving/getting better increasing/rising/going up



Choose the correct alternatives.

- 1 It is fantastic that it's becoming easier/harder to get electricity from the sun and the wind.
- 2 People can't buy a house because the prices are going up/down all the time.
- **3** The number of driverless cars needs to *get better/go* up to make the roads in big cities safer.
- **4** The number of people experiencing bad weather is increasing/decreasing and scientists are very worried that this situation will continue.
- **5** Everyone is happy when things *get better/decrease* and worried when they improve/get worse.
- **6** In some countries, the population is *rising/falling* so there aren't enough young people.

Go to your app for more practice.

- 4 Read the comments about changes in the future. How many people talk about changes at work?
 - A lot of people already use dating sites, but I think in the future the number of people who use them will rise even more. Dating sites will improve, so they will get better at finding you the perfect person. In the future, they will be the only way that couples meet.
 - These days, some people work at home one or two days a week instead of going to an office every day. I think in the future lots more people will work from home all the time, and the number of offices will decrease. It's sad, because people won't be as sociable.
 - I think the number of people on the planet will continue to increase. There'll be less space, so we'll need to change the way we live. Maybe we'll live underground, or maybe lots of people will live together in a single house. Life will definitely get worse!
 - Driverless cars are a new thing at the moment, but I think in the future it will be normal to have one. I think it'll be a good thing, because we won't have so many accidents. Maybe we'll stop using petrol, too. That would be good!
 - The weather will change a lot in the future. It will become more extreme. There'll be big changes in temperature, too. It won't be good!
- 5 Match comments 1–5 in Exercise 4 with replies a–e.
 - **a** 'l agree. There won't be enough houses for everyone because the population will rise.'
 - **b** 'That won't happen. I think we will be able to control the weather and everything will get better.'
 - c 'I think meeting partners online is a terrible idea! Will it become easier to meet people? I don't think so!'
 - **d** 'You're right. In the future, it's possible that everyone will work from their homes.'
 - e 'At last things will improve! Goodbye to dirty air in our cities. I can't wait!'

Grammar

6 Read the grammar box and choose the correct alternative.

will for prediction

Use will or won't to talk about ¹future/past actions. A big change will be how people meet each other. They won't meet through work or family any more. Use phrases like next year, in the future or in a (few/

Use phrases like *next year, in the future* or *in a (few, ten/twenty,* etc.) *year's time* when we predict the future.

In the future, everyone *will* meet their partners on online dating sites.

Use verbs like *think*, *believe*, *expect* and *hope*, to introduce predictions.

I think we will live in a different way.

When you feel very confident about a prediction, use phrases like *I'm sure* or *I'm certain*.

I'm sure there will be temperature changes.

- 7 a 1.5 Listen and notice the pronunciation of will and won't.
 - 1 Will there be a change?
 - 2 We don't know what will happen.
 - **3** He won't come to the party.
 - b Listen again and repeat.
- B Make sentences with *will* using the prompts.
 - 1 I/sure/Harry/get/a new job/next year. I'm sure Harry will get a new job next year.
 - 2 // not / think / the weather / get / worse here.
 - **3** We / not / have / driverless cars / for a long time.
 - 4 There / be / more work / for everyone in future.
 - **5** The population / in our country / rise.
 - **6** We / not / have / enough new houses / for everyone.
 - **7** People / have to / live together.
 - 8 I/think/people/still/want/toget married.
 - 9 I/not/think/everyone/meet/online.
- What will change in your life in the next five years? Write six predictions about your life. Think about these topics:
 - home work hobbies I will move to a new house next year.
- Go to page 116 or your app for more information and practice.

Speaking

PREPARE

- 10 a 1.6 You're going to make predictions about your country. First, listen to Daniel and Sofia talking about the future and choose the correct alternatives.
 - **1** Daniel predicts that there won't be any *doctors/robots* in the future.
 - **2** He thinks people *will/won't* get sick in the future.
 - **3** Daniel says there will be *no/more* offices in the future.
 - 4 He says people will work from big offices/cafés.
 - **5** Sofia and Daniel think people will meet each other *at home/ online*.
 - b Which of the predictions do you agree with?
- 11 Make notes about how you think the things below will change in your country.
 - education
- fashion
- work
- free time
- health
- technology

SPEAK

- 12 a Work in pairs and discuss your predictions.
 - b Decide which predictions are more likely to come true. Rate them from 1 (not likely) to 5 (very likely). Report back to the class.



1D

English in action

Goal: make and respond to suggestions



- 1 Look at the photo and discuss the questions.
 - 1 How is the man feeling?
 - 2 What activities do you think would make him feel better?
- 2 a 1.9 Listen to two friends, Katy and Pete, talking on the phone and answer the questions.
 - 1 What is Pete's problem?
 - **2** What does Katy recommend?
 - **3** What three suggestions does she make?
 - 4 What does Pete decide to do?
 - **5** Why doesn't he like the other suggestions?
 - b Listen again and match suggestions 1–4 with reasons a–g. Some suggestions match with more than one reason.
 - **1** I really recommend doing regular exercise.
 - **2** What about running?
 - **3** How about going hiking in the countryside?
 - 4 Or why not try volleyball?
 - a You'll meet interesting people and have fun.
 - **b** It makes you feel better and it helps you sleep.
 - c Being in nature makes you feel happy.
 - **d** It's good for your health.
 - e Your social life will improve.
 - **f** You'll have more energy.
 - **g** You can do it on your own.
 - c Work in pairs and compare your answers. Then listen again and check.

3 a	Complete the sentences. Use the Useful phrases to
	help you.

1	. A : What drinking green tea? It you t					
		relax.				
	B:	I'm not keen green tea, I don't like the taste				
2	A:	I taking regular breaks. You'll better				
	B:	That's a great! I'll do it.				
3	A:	Why try online dating?				
	B:	I fancy it. I prefer to meet people in real life!				
4	A:	Howjoining a dance class? Dancing is very				
		for your heart.				
	B:	sounds fun.				

Useful phrases

Making suggestions and recommendations

What/How about (trying/taking up yoga)?

Why not try (hiking)?

Here's another idea.

I recommend (doing some exercise).

I think you'll enjoy (swimming).

Giving reasons

It's very good for (your health).

It helps you to (relax/sleep).

It makes you feel (better/happier).

You'll feel (much better/great).

Rejecting

I'm not sure (hiking) is a good idea because ...

I'm not keen on (swimming).

I'm not really into that kind of thing, I'm afraid.

I don't fancy (dancing) because ...

Agreeing and expressing enthusiasm

That's a (great/brilliant) idea.

That sounds (interesting/fun).

- b 1.10 Listen to suggestions 1–4 in Exercise 2b. Does the speaker's voice rise or fall at the end?
- c Listen again and repeat.
- 4 a Look at the problems below and think of suggestions you could make.
 - I can't sleep at night.
 - My neighbours are very noisy.
 - I never have enough free time.
 - My English is not getting better.
 - It's difficult for me to make new friends.
 - b Work in groups. Choose one of the problems in Exercise 4a. Ask other students for advice.
 - c Work in pairs. Discuss who gave you the best advice.



Check and reflect

- 1 a Choose the correct alternatives.
 - **1** I have/passed a degree in economics from Oxford.
 - 2 I'd like to *get/take* a course in education, *get/study* a qualification and maybe *run/train* to be a teacher.
 - **3** Frecently *got/took* some important exams. I *finished/passed* them all!
 - **4** I *have/work* part-time in a café and I also *study/train* biology and chemistry at college.
 - **5** I'd like to *run/work* my own company one day.
 - 6 I'm working as/like an accountant.
 - 7 I want to do a course at/in ancient history.
 - b Work in pairs and discuss which sentences are true for you. Say why or why not.
- **2** a Complete the questions with *you* and the correct form of the verb in brackets.

1	What(do) in your free time?(have) a
	hobbies?
2	(read) a book at the moment?
3	Why(learn) English?(enjoy) it?
4	How many languages (know)? (learn
	any other languages at the moment?
5	(have) a job at the moment or(study
	full time?

- 6 In the future, what _____ (want) to do for a job?
- **7** _____(go) to the gym much at the moment?
- **8** _____ (have) a lot of work to do this week?
- b Work in pairs. Ask and answer the questions in Exercise 2a. Find out more information.
- **3** a Write three sentences about things you plan or intend to do and three sentences about things which are arranged. Use the phrases in the box.

at the weekend in the next few years later this year later today next week tomorrow

I'm going to the cinema this evening.

- b Work in pairs. Discuss your future plans and arrangements. Give more information.
- 4 a Complete the sentences with the words in the box.

ambitious calm creative hard-working honest lazy reliable shy
She's finds it difficult to speak to people she doesn't know. She's actually quite ______.
He never does any work or makes much effort. To be honest, he's really ______.
He's a(n) ______ person. He always tells the truth.
She has lots of interesting ideas. She's very ______.
She's very ______. She'll be successful in her career.
She's a very ______ person. She never gets angry or loses her temper.
She always does what she says she will do, she's really ______.

8 He's very _____, he always finishes work later than

the others.

- b Work in pairs. Choose the three adjectives that best describe you and three that least describe you.
 Explain why you chose your adjectives.
- **5** a Complete the predictions with *will* and the verbs in the box.

	e able to live not go		be delivered	go	learn			
1	People	t	be 150 years o	old.				
2	2 Humans to the Moon again.							
3	3 Englishless important as a language.							
4	We to 'talk' with animals.							
5	5 We fly from the UK to Australia in just t							
	hours.							
6			ops. We		verything			
	online and i	t	immediate	ly.				

- b Work in pairs and discuss the predictions in Exercise 5a. Do you think they will happen? When?
- **6** a Replace the word or phrase in bold with the correct form of a word or phrase in the box. Sometimes more than one answer is possible.

decrease easier fall harder get better increase rise worse

- 1 Standards of living are **improving** in most countries.
- **2** It's getting **more difficult** to buy your own house.
- **3** Thanks to social media, staying is touch has become much **less difficult**.
- **4** Some people think life will be **less good** for the next generation.
- **5** Unemployment is **going down** in many places.
- **6** The cost of petrol is **going up** all the time.
- b Work in pairs. Do you agree with the sentences in Exercise 6a? Discuss other things that are:
 - going up/down
 - improving
 - becoming easier/more difficult, etc.

Reflect

How confident do you feel about the statements below? Write 1-5 (1 = not very confident, 5 = very confident).

- I can get to know someone.
- I can describe future plans and arrangements.
- I can make predictions about the future.
- I can make and respond to suggestions.

